



SHC Medical Partners, in collaboration with University of Louisville Geriatrics and the Indiana University OPTIMISTIC program, are proud to host their first annual conference for Nurse Practitioners and Physician Assistants practicing in the post-acute and long-term care settings.

# 2017 Annual Conference

YOU ARE CORDIALLY INVITED  
TO THE INAUGURAL  
PRACTITIONER CONFERENCE:

## *Painting A Living Portrait*

PRACTICING THE ART OF GERIATRICS IN  
SKILLED NURSING FACILITIES

FEBRUARY 24-25  
2017



# The Story of Joan and Jack

*Joan is a retired teacher and loves to knit and cook. Her arthritis and neuropathy have posed challenges but her medications, exercise regimen and the support of her husband have helped her continue to pursue her hobbies. When not busy with cooking, Joan loves to spend time with her husband Jack. Jack is limited in his abilities due to his chronic lung disease and heart failure. His wife assures that Jack stays away from his beloved fried chicken and gets enough exercise. Now married for 49 years, they look forward to their “golden” anniversary. As their next door neighbor Jim put it, “they may be old but they are still colorful - a portrait of happiness!”*

Delivery of effective Geriatric care requires high levels of expertise in many domains. Our elders in the post-acute and long-term care settings are heterogeneous individuals with specific preferences and needs. It is a setting where algorithms and evidence-based guidelines go only that far in achieving care that is perceived to be high-quality by the patients.

The provision of effective, person-centered care is an art and is similar to painting a beautiful portrait. Where an artist carefully plans her artwork on a canvas, skilled geriatric practitioners formulate detailed plan to assure that their patients receive all the key elements of care. This cautious implementation of high quality care gets harder around transitions and in long-term settings where many communication and cognition challenges may obstruct good-care.

SHC Medical Partners is excited to bring to you the nation’s first Nurse Practitioner and Physician Assistant conference that will focus on the art of proactive, evidence-based and patient-centered care in the post-acute and long-term care setting. Instead of mind-numbing PowerPoint presentations, the conference will utilize actors, role plays and skill labs to impart highest-level of learning. Onsite evaluations will provide learners the feedback loops to see their growth as they attend very engaging sessions. We guarantee you that this conference will feel like a trip to an art-gallery and will impart key learning principles that will assure that learners will implement high-value behaviors in their practices.

We invite you to this unique opportunity to learn with peers and friends in a colorful, warm and exciting environment. Highly respected and trained geriatricians from various academic settings are ready to provide the highest quality of practical learning.

## SHC Medical Partners 2017 Conference

Arif Nazir, MD, CMD, Chair

Penny S. Logan, MSN, MBA, APRN, Co-Chair

Dana Boren, MA, Conference Coordinator

# Conference Faculty

## Kristi Lieb, MD, CMD

Kristi Lieb is a Geriatrician and Certified Medical Director specializing in post-acute and long-term care medicine. Kristi has been involved with IMDA—Indiana Society for Post-Acute and Long Term Care Medicine since 2011. She served as the education chair for the organization for several years and is currently the immediate past president of IMDA. Kristi and her family live in Bargersville, Indiana.

## Angela Hackman, MD, CMD

Angela Hackman is Geriatrician and Certified Medical Director. She went to medical school at the University of Kentucky, trained in family medicine in Indianapolis and went on to do a fellowship in geriatrics at Indiana University, graduating in 2014. She currently works part-time doing what she loves, taking care of our seniors in a sub-acute rehab unit of a nursing home. Angela and her family live in Louisville, Kentucky.

## Laura Morton, MD, CMD

Laura Morton is an Assistant Professor in the Department of Family & Geriatric Medicine, Director of the Division of Geriatric Medicine, and Director of the Geriatric Medicine Fellowship Program at the University Of Louisville School Of Medicine. Dr. Morton is board certified in Internal Medicine and Geriatric Medicine. She has a lifelong interest in long term care and worked as a certified nursing assistant during college. She maintains an active practice delivering care to patients as Medical Director of Treyton Oak Towers, Episcopal Church Home, Masonic Home, and doing home calls. She is pursuing a Master of Health Professions Education through the University Of Illinois College Of Medicine at Chicago. Research interests include medical education and geriatric sexuality.

## Rangaraj Gopalraj, MD, PhD

Rangaraj Gopalraj is an Assistant Professor in the Department of Family & Geriatric Medicine at the University Of Louisville, School of Medicine. He is dually boarded in Geriatric and Palliative Medicine and provides clinical service to patients and families at the ambulatory care clinic, inpatient hospital and nursing home. Dr. Raj, as he is known, also serves as a preceptor for Geriatrics and Palliative Care medical students, residents, and Fellows as well as interdisciplinary learners. He currently leads the Geriatric Evaluation and Treatment (GET) program. His dissertation on 'LDLR polymorphisms and Alzheimers Dementia' spurred his interest in aging physiology, and clinical/translational research that will improve the quality of life of older adults.

## Josephine Gomes, MD

Josephine Gomes is an Assistant Professor in the Department of Family & Geriatric Medicine and Medical Director of the University Of Louisville Physicians Geriatric Medicine clinic. Dr. Gomes is board certified in Internal Medicine and Geriatric Medicine. She practices at the ULP Geriatric Cardinal Station office and in the long term care setting at Episcopal Church Home. Her areas of special interest are fall prevention and optimal aging.

## Daniela Neamtu, MD

Daniela Neamtu is an Assistant Professor in the Department of Family & Geriatric Medicine and Director of the Geriatrics Hospital Services. Dr. Neamtu is board certified in Internal Medicine and Geriatric Medicine. She works at University of Louisville Hospital and Jewish Hospital providing comprehensive geriatric care to hospitalized patients. She is very interested in teaching, improving the care of geriatrics patients, and raising awareness of needs and complexity of geriatric patients.

## Monica Tegeler, MD

Dr. Tegeler is an assistant professor of clinical medicine in the Dept of clinical medicine and geriatrics at IndianUniversity. She is an attending physician and certified medical director at a CCRC in Indianapolis. She is also the assistant medical director of the OPTIMISTIC project, a CMS Innovation grant that just received a four year project extension. She is a past Indiana Medical Directors Association president. Her areas of expertise include dementia, palliative care, and subacute rehabilitation.

# Conference Faculty

## **Kathy Rathke, MBA, MSN, AGNP-C**

Kathy Rathke is a Nurse Practitioner with Indiana University Health Physicians and provides clinical services in the long-term care setting as a part of a CMS Innovations project called OPTIMISTIC (Optimizing Patient Transfers, Impacting Medical Quality and Improving Symptoms: Transforming Institutional Care). Kathy also has 20+ years of business and human resources (HR) management experience in the biopharmaceutical and other technology industries where she has led U.S. and international HR initiatives involving strategic planning, staff development, process improvement, and change management.

## **Guest Speaker**

### **Eileen O'Neill Estes**

Eileen O'Neill Estes is a licensed art therapist and has been practicing for over 26 years. Her clinical specialization is in the area of medical and grief counseling. She holds a master's degree in Expressive Therapies and a doctoral degree in Counselor Education both from the University of Louisville. In 2005, she accepted the role as director of the Art Therapy graduate program within the department of Counseling and Human Development.

## **Conference Planning**

### **Arif Nazir, MD, CMD, FACP, AGSF**

Arif Nazir is a Geriatrician and Certified Medical Director. He is the Chief Medical Officer for Signature HealthCARE and in that capacity oversees delivery of innovative clinical programs in more than 130 skilled facilities across 10 states. Dr. Nazir is also President and CEO for SHC Medical Partners. In previous roles, he served as a faculty member at Indiana University and is the current Treasurer for AMDA, Society of Post-Acute and Long-Term Care Medicine.

### **Penny Logan, MSN, MBA, APRN, FNP-C**

Penny Logan is a Nurse Practitioner. She completed her Masters of Science in Nursing at Western Kentucky University in 2006 and her Masters of Business Administration in 2008. Penny has been with SHC Medical Partners for 6 ½ years and currently serves as the company's Chief Operating Officer. Penny started her healthcare career as a volunteer nursing assistant. She has 25+ years of experience in the acute and post-acute settings working at multiple levels of care including a CNA, RN, Director of Nursing, operations leader and nurse practitioner.

### **Mary Newman, MSN, APRN, FNP-C**

Mary Newman is a Nurse Practitioner. She completed her Masters of Science in Nursing at Indiana Wesleyan University in 2012 and has served as a medical provider, Quality Assurance committee member, Project Coordinator and Assistant Medical Director of Signature HealthCARE of Cherokee Park. Her current role is Director of Clinical Operations. Prior to becoming a nurse practitioner, Mary had 32 years' experience in acute care nursing in various roles including critical care nurse, assistant nurse manager, nurse preceptor and was active with EHR training.

### **Tammy Ridley, MSN, FNP-C**

Tammy Ridley is a Nurse Practitioner. She completed her Masters of Science in Nursing at the University of Alabama in 2007. Tammy has been with SHC Medical Partners for 6+ years. She has served as a medical provider, Quality Assurance committee member, Quality Metrics coordinator, and Assistant Medical Director of The Bridge at Monteagle. Tammy's current role at SHC Medical Partners is Director of Clinical Operations. She has years of experience in the acute and post-acute settings as a nurse, MDS coordinator, and licensed nurse practitioner.

# Conference Faculty

## Daniel Jones, MSM, PA -C, WCC

Daniel Jones is a Physician Assistant. He completed his Masters of Science in Medicine at Trevecca Nazarene University in 2003. Daniel has been with SHC Medical Partners for 5 years serving as a medical provider, Quality Assurance committee member, key lead of company's specialty services and product lines, Assistant Medical Director of Mountain City Care Center, and a member of the company's leadership team. Daniel also serves as Director of the Village Medical Assistant Program for non-profit Operation Renewed Hope with purpose of implementing primary care access via mobile medical units internationally.

## Jenny Savage, MSN, CFCN, ANP-BC, WHNP-BC

Jenny Savage is a Nurse Practitioner. She completed her Masters of Science in Nursing at Vanderbilt University in 2012. Jenny has been with SHC Medical Partners for 3 years serving as a medical provider, Quality Assurance coordinator, Director of Clinical Operations, Assistant Medical Director of Spring City Care & Rehab, and a member of the company's leadership team. She currently holds the position of Staff Development & Quality Assurance Coordinator.

## Kristen Farmer, MSM, PA-C., WCC

Kristen Farmer is a Physician Assistant. She completed her Masters of Science in Medicine at Trevecca Nazarene University in 2006. Kristen has been with SHC Medical Partners for close to 3 years serving as a medical provider, telehealth consultant, member of multiple task force committees, Assistant Medical Director of Signature Healthcare of Clarksville and a key senior physician assistant of the company's on-boarding and mentoring program.

## Lisa Harber, MSN, AGNP-C, WCC

Lisa Harber is a Nurse Practitioner. She was raised in beautiful Portland, Oregon. Lisa completed her Masters of Science in Nursing from Oregon Health Sciences University in 2001. Her first 13 years as a Nurse Practitioner were in Cardiology and Cardiac Specialties. Lisa joined the SHC Medical Partners team 2 ½ years ago to provide care in the post-acute setting as the on-site medical staff at Signature Healthcare of Muncie. She also serves as a member of multiple task force committees and is a key senior nurse practitioner of the company's on-boarding and mentoring program.

## Tiwa Olawuyi, MSN, FNP-C, WCC

Tiwa Olawuyi is a Nurse Practitioner. She is originally from Nigeria and moved to the United States in 2002. Tiwa began her career in healthcare as a licensed practical nurse in a Nursing and Rehabilitation Center. She continued her education and completed her Masters of Science in Nursing from Georgia State University in 2011. Tiwa has been with SHC Medical Partners since her nurse practitioner career began serving as a medical provider, Assistant Medical Director of Signature HealthCARE of Marietta and a key senior nurse practitioner of the company's on-boarding and mentoring program.

# Conference Schedule Overview

## Friday, February 24th

- 1:00pm – 1:30pm Registration and Networking
- 1:30pm – 2:00pm Welcome
- 2:00pm – 6:00pm Exhibits Open
- 2:15pm – 4:15pm ***Act 1: They lived happily ever after or did they?***  
Screening & Management of Cognitive, Mood & Functional Decline
- Comprehensive Geriatric Assessment
  - Screening for cognitive decline
  - Calcium/ Vitamin D for Fracture Prevention
  - Management of Osteoporosis
- 4:25pm – 6:00pm ***Act 2: Jack is “not Jack”***  
Risks & Benefits of Hospitalization
- Acute Hip Fracture Management
  - Delirium Assessment Tools including Confusion Assessment Method
  - Preventing & Treating Delirium in Any Setting
  - Anticoagulation Guidelines for Post-fracture Care
- 6:00pm – 8:30pm ***“Portrayal of Success”***
- A Dinner Celebration

## Saturday, February 25th

- 7:30am – 8:00am Breakfast
- 8:00am – 8:15am Case Study Recap
- 8:30am – 10:30am ***Act 3: Joan is scared, “Who can I trust?”***  
Transitional Care Best Practices
- Elements of a Transition Visit
  - Polypharmacy and Medication Appropriateness
  - Eliciting and Meeting Patient-Care Goals
- 10:00am – 2:00pm Exhibits Open
- 10:45 – 12:00pm ***Act 4: Jack has had a great life!***  
Round Table on Palliative Care and Advance Care Planning
- Describe Evidence-Based Approaches to Advance Care Planning in Post-acute Settings
  - The Physician-Orders for Life-Sustaining Treatment Paradigm and Completion of POST & MOST Forms
- 12:00pm – 1:00 pm
- Lunch
- 1:30pm – 3:30pm ***Act 5: “Help-- I don’t have answers to your tough questions!”***  
Addressing Acute Changes of Condition
- INTERACT Implementation and its Role in Timely Care
  - Assessing Changes in Condition using Dyspnea as an Example
  - Establishing a Valid Differential Diagnosis for Dyspnea
  - Appropriateness of Testing and Diagnostics in the Post-Acute Setting
  - Prevention of Avoidable Hospitalizations
- 3:30pm – 3:45pm Awards & Appreciation
- 3:45pm – 4:00pm Conference Exit

# “Portrayal of Success” An Evening of Celebration

Louisville Marriott East  
Friday, February 24th

*by*



This evening of celebration will highlight the lives of our patients and residents—all of whom represent individual stories. We will honor them using the theme of art as it is through the richness of shape and color that one can paint a true living portrait.

The evening will feature many special guests including Signature HealthCARE President, Joe Steier whose unique, person-focused vision has inspired many to aim to revolutionize healthcare. Also joining us will be many of our talented residents who will proudly present their artistic take on exemplary healthcare. Finally, many local healthcare leaders will join us for this amazing night of festivity.

## **AGENDA**

6:00pm-6:30pm: Networking

6:30pm-6:40pm: Welcome and dinner served

6:45-7:00pm: SHC Medical Partners Vision and Future Path

7:00pm-7:20pm: Advance Practitioners and Innovative Care-- an OPTIMISTIC take

7:20pm-7:45pm: Arts and Geriatrics

7:45pm-8:30pm: The Art of Caring Presentations by Joe Steier,  
President Signature HealthCARE

Friday Celebration Dinner is sponsored by PharMerica®

# General Information

## **Continuing Education**

Gain continuing education (CME) contact hours for your professional development, recertification, and relicensure. Contact hours will be awarded on a 60-minute contact hour basis.

**Main Conference** Up to 10.0 contact hours

This conference is jointly provided by Anthony J. Jannetti, Inc. (AJJ) and the Gerontological Advanced Practice Nurses Association (GAPNA).

Anthony J. Jannetti, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Anthony J. Jannetti, Inc. is a provider approved by the California Board of Registered Nursing, Provider Number CEP5387.

SHC Medical Partners urge participants to be aware of the CME requirements for relicensure in the states in which they hold a license.

## **Networking**

A key benefit of attending the SHC Medical Partners Conference is the opportunity to develop relationships with your colleagues through networking.

## **Exhibits**

Representatives from a variety of leading companies and organizations will be on hand to answer your questions and demonstrate their products. You will learn about the latest products and services. Conference badges must be worn to gain admittance to the exhibit hall.

## **Payment Policy**

Registrations will not be processed unless full payment is received with the registration form. If a check is returned by the bank for insufficient funds or credit cards denied, full payment must be received by cashier's check or money order with an additional \$15 processing fee.

## **Cancellation Policy**

If you need to cancel please notify us by fax (502-568-7136) or email ([info@shcmedicalpartners.com](mailto:info@shcmedicalpartners.com)) and we will refund your registration fee, less a \$50 administration fee. Cancellations must be received at the Corporate Office by February 11th, 2017. Telephone cancellations will not be accepted. No refunds will be made thereafter.

In the event SHC Medical Partners should find it necessary to cancel or postpone this conference for any reason including, but not limited to, registration responses, strikes, or acts of God, SHC Medical Partners will not be liable for registrants' expenses. However if the cancellation/postponement is ultimately resolved, SHC Medical Partners will act responsibly to protect members' and registrants' investment in the conference.



### **Hotel Information**

Louisville Marriott East  
1903 Embassy Square Blvd.  
Louisville, KY 40299

Louisville Marriott East has been designated as the official hotel for the SHC Medical Partners 2017 Annual Conference. A block of rooms has been secured at the special rate of \$112. This rate is subject to applicable state and local taxes.

To receive the conference rate, SHC Medical Partners will provide the passkey link upon your confirmed registration. The conference rate is available through February 20th, 2017 or until the room block is full. Reservations received after this date will be accepted on a space and rate available basis.

### **Parking**

Self-parking is included in the hotel rate. Rates are subject to change.

### **Transportation**

Louisville International Airport is less than 12 miles from the hotel. Estimated taxi fare is \$30-\$35 one way.

### **Photo Release**

SHC Medical Partners occasionally uses photographs of conference participants in promotional materials. By virtue of your attendance, you agree to usage of your image in print or electronic media

**A Thank You to our following platinum sponsors.**



**REGISTRATION FORM**  
**SHC Medical Partners 2017 Annual**  
**Conference**  
**February 24 – 25, 2017 – Louisville, KY**

Print Name:	Credentials:	
Organization/Employer Name:		
Mailing Address - Street:	Home	Work
City/State/Zip:		
Professional License #	State	Exp. date
DaytimePhone:	Home	Work (      )
E-mail (required):	Home	Work _____
<input type="checkbox"/> Do not share my email address with any SHC Medical Partners exhibitor		

## Ways To Register

**By Fax: 502-568-7136**

Mail completed form with payment to:  
**SHC Medical Partners**  
**Registration**  
**12201 Bluegrass**  
**Parkway**  
**Louisville, KY 40299**

**Registration cannot be processed without payment.**

**Purchase Orders cannot be accepted.**

Make checks payable in U.S. funds to: **SHC Medical Partners**

All cancellations and transfers must be received in writing. For cancellations postmarked prior to February 11, 2017, we will refund registration cost, less a \$50 administrative fee. We are unable to make refunds after February 11, 2017, but will gladly transfer your registration to a colleague if the request is made in writing to SHC Medical Partners at the above address.

You will receive your **receipt/confirmation** information via the email address used to register for this meeting.

Conference Registration Fee	Fee
Main Conference Registration Fees	<b>Rate</b>
Postmarked 2/11/2017 & before - Early Fee	\$299
Postmarked 2/11/2017 & after - Regular/Onsite Fee	\$349



## Enjoy Great Networking!

**Special Needs\* (dietary, access, etc.)**

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\* Please let your server know that you reserved a special needs meal.

### PAYMENT OPTIONS

Tax ID #26-1329228

Check enclosed made payable in U.S. funds to SHC Medical    Charge my:



\* Last 3 digits after signature on back of VISA/MasterCard – Last 4 digits on front right of American Express.

Credit Card Number \_\_\_\_\_ Exp. Date \_\_\_\_\_ Security Number \_\_\_\_\_

Billing address \_\_\_\_\_

Signature \_\_\_\_\_ Name on Card (please print) \_\_\_\_\_

# 2017 Annual Conference

## What You Can Expect

### **Interactive education.**

Earn up to 10 CME contact hours through interactive discussions, case studies, skills labs and role play.

### **Lasting connections.**

Network with other attendees focused on post-acute and long-term care practices & share ideas with leading experts and industry representatives.

### **Explore the scene.**

Take time to explore the beautiful and exciting adventures that Louisville offers.



On display will be beautiful artwork by our esteemed residents - some of the pieces will be available for purchase.