

Welcome

To Our Newest Employees

Lakesha Brisbane

FT NP at Clarksville - Clarksville, TN

Jennifer Nowak

FT NP at Memphis - Memphis, TN

Paula Popa

FT NP at Bluegrass - Lexington, KY

April Simmons

Care Navigator

Rechelieu Sudario

FT NP at Orange Park - Orange Park, FL



Lace up your cleats! Football season is here and the Culture of Joy committee invites you to join our fantasy football league, **The Beta Blockers**. For rookies, details about how to play will be shared on the monthly COJ call Friday, August 19th at noon.

Contact **Daniel Jones** (djones@shcmedicalpartners.com) for a link to sign up. It's free and fun to play. Draft night is Thursday, September 1st at 9:00 pm Eastern.

Let's have some friendly competition and see who takes home the league trophy at the end of the season!

Club Calendar

Culture of Joy Monthly Share

Friday, August 19th - 12:00 to 12:30 p.m.

Get Fit Club

Friday, August 26th - 12:00 to 12:30 p.m.

Fantasy Football League Draft

Thursday, September 1st - 9:00 p.m.

Moments with Photography Club

Friday, September 9th - 12:00 to 12:30 p.m.

TEDxTalk



Why Be A Lifelong Learner?

How does one balance the pursuit of a variety of interests with the reality of earning one's living?

In this talk, Gitanjali JB shares how learning and life go hand in hand. She tells how she decided to chase her dreams of doing what she felt a keen interest for, without worrying about bringing them all together for a constructive cause. While pursuing her passions, she realized that each of her interests was enhancing her life in a way that would not have been possible otherwise. It was not just the thrill of learning something new. She discovered that the process of learning gave her insights that made her expertise in other fields more pronounced.

Before you decide to give up an interest because of lack of time or just wondering what will you do by pursuing it, be encouraged by Gitanjali.

School Daze

Ahh...those were the days. Big bangs. Braces. Youth! How much have you changed since high school?



Submit your school photo to the **Culture of Joy Committee** (maudy@shcmedicalpartners.com) to participate in our **School Daze Challenge**. In September we will post all photos collected and team members will guess the identities. The highest number of correct guesses wins COJ bucks!

Nominate a Med Partners Souldier

The SHC Medical Partners *Souldier* Award is to honor and acknowledge a team member who goes above and beyond to have a positive impact on colleagues, residents and staff members. **Nominations are to be sent to Melissa Audy** (maudy@shcmedicalpartners.com), and will be confirmed by the Culture of Joy Committee. *Souldiers* will be announced at the monthly COJ meetings on the third Friday of every month.