

Welcome

To Our Newest Employees

Nikki Gary

Full Time NP – Monroe, KY

Caitlyn Gary

Full Time NP – Morgantown, KY

Jessica Haselman

Part Time NP – Roanoke Rapids, NC

Tara Lundy

PMHNP – Spring City & Rockwood, TN

Jooryssa Silin

Care Navigator – Louisville, KY

Anita Simpson

Part Time NP Float - Louisville, KY



It is just as important to take care of yourself, as it is your patients. Join us for a series of informative, insightful webinars developed by AMDA's Behavioral & Mental Health Advisory Council to help us all heal together. [Register for an upcoming webinar.](#)

Challenge of the Month

Positivity Challenge

Celebrate your successes! This month we are challenging everyone to take time at the end of each day to review what went well...and ***congratulate yourself!*** This trains our minds to look for our successes rather than dwelling on negativity.

[How to notice and build joy into your life | TED Talks](#)

Cherry blossoms and rainbows, bubbles and googly eyes: Why do some things seem to create such universal joy? In this captivating talk, Ingrid Fetell Lee reveals the surprisingly tangible roots of joy and shows how we all can find -- and create -- more of it.



PartnerPerks



Ace the test with some of these amazing back-to-school discounts available via Signature Healthcare's PartnerPerks discount program. Get up to 25% off all Under Armour backpacks, up to 35% off Dell Electronics, or up to 75% off office/school supplies from the Office Depot. To access these great back-to-school deals and many more, sign into your Ultipro account at hris.shccs.com, scroll to the bottom of the page and click on [Discounts](#). From there you can activate your account or login to your account for PartnerPerks. Once inside you can search for specific deals or browse around to find more back-to-school deals.

Wellness Program Deadline

A reminder for those stakeholders who have a **BAS medical plan** to go out to [Bravo](#) to complete the wellness program if you have not done so. **The wellness deadline is 10/15/2021.** All that you complete will be credited for the 2022 plan year.